

## Educational Studies, Crafts, Art & Games

**The Great Courses Educational Study** Showing Monday's and Wednesdays at 3:00 pm (MR) **Documentary Series: Tuesday & Thursday's 3:00pm (MR) *The Last Dance*** In the fall of 1997, Michael Jordan and the Chicago Bulls allowed a film crew to follow them as they went for their sixth NBA title in eight seasons. That resulted in a stunning portrait of one of the sport's most iconic athletes and a celebrated team. (*will begin mid April*)

**Euchre Group Thursday's, 10:30am (EDR)**

**Pray the Rosary Friday's 3:00pm (CH)** Last gathering will be April 18th.

**The Gospel Road Wednesday's 10:45pm** Join Pine Valley Methodist Church for a weekly deep dive into the gospel. Last gathering will be Wednesday, April 30th

**Aging in Place: Adaptive Equipment in the Kitchen Friday, April 4th 11am (CH)** Join Kaylee for an insightful program focused on **aging in place** and the use of **adaptive equipment** to enhance independence and safety in the home. As an occupational therapy student, I will guide you through various adaptive tools designed to support daily living and improve overall quality of life! Come with your questions!

**Brain Games Tuesday, April 8th 11am(SU)EDR** Keep your mind sharp by playing some fun brain games with your neighbors!

**Maintaining Mental & Cognitive Health Friday, April 11th 11:00am (CH) SU** Tammy Arms, a Professor in the UNCW School of Nursing & Co-editor of Gerontology and Geriatric Medicine Journal will be at Brightmore to discuss and present

**Egg Hunt 2025 Wednesday April 16th 10am (SU) EN** Who said egg hunts are for kids? Our egg hunt will be indoors, all around the Brightmore community, some full of treats others full of prizes! If you get a prize egg—please return it to Renee to collect your prize! (Egg Hunt begins at 10am)

**Brightmore's Book Club: Thursday, April 17th 3:00pm (CH)** April is *Resilient* by Rick Hanson Ph.D and May our book club is reading "The Many Lives of Mamma Love" by Lara Love Harden

**Devotional w/ Angela Friday, April 18th 10:30 am (CH) SU** Everyone is Welcome!

**Easy Bird Feeder Monday, April 22nd 2pm (SU)EDR** The birds are back in town! Create a simple shape of pressed seeds and gelatin as a homemade bird feeder to hang outside!

**NHC Core Library Visit Thursday, April 24th 12 noon (PR)** CORE is a service that the NHC Library provides monthly— where you may request, check out and return your library books. All here at Brightmore

## Celebrations, Socials & Entertainment

**Resident Led \$1 Bingo Thursday, April 3rd & 24th 3:00pm (EDR)**

**Prize Bingo: Wednesday, April 9th & 23rd 3:00pm (EDR)**

**Meet Your Neighbors Monday, April 29th 11:00am (CH)** This months theme travel! Come tell us about your favorite trips and travel adventures you have been on!

**Wine & Drink Tasting Happy Hour Friday's 4:00pm (PR)** Join Morrison every Friday for a different drink tasting each Friday!

**BYOD! "Bring Your Own Drink" Every Friday at 4:00 pm (PR)** Snacks are provided- come down to relax and visit with your neighbors and friends! \*Morrison now provides a sample tasting each week

**Weekend Movies: Every \*Friday @ 7:30 Saturday @ 7:30pm (MR) & Sunday @ 6:00pm (MR)**

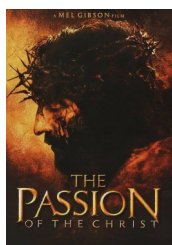
**"The Crown" Thursday 's 7:30pm (MR)** "The Crown" is a historical drama series on Netflix that chronicles the reign of Queen Elizabeth II, from her wedding in 1947 to the early 21st century, exploring political events, personal relationships, and the challenges faced by the British monarchy

### Movie Matinee

#### Passion of the Christ (R)

**Friday, April 11th at 2:00 pm  
MR**

Depicts the final twelve hours in the life of Jesus of Nazareth, on the day of his crucifixion in Jerusalem.



### April Wellness Corner

**Look forward to meeting Megan the week of April 14th!**



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www.brightmoreofwilmington.com

April 2025



# April



## Brightmore's April Special Events ...

**Thalian Hall: Marry Poppins Thursday, April 3rd SU (EN) 7:00pm** One of the most popular Disney movies of all time is capturing hearts in a whole new way: as a practically perfect musical! Based on the books by P.L. Travers and the classic Walt Disney film.

**Burgwin- Wright House Night Tour Thursday April 10th 7:00pm (SU)EN** Built in 1770, the Burgwin-Wright House and Gardens is the only structure in Wilmington from the colonial era open to the public. Tonight, tour the candlelit mansion and learn about the rituals and superstitions that dominated life after dark in bygone days. See what life was like without electricity and modern conveniences.

**Maintaining Mental & Cognitive Health Friday, April 11th 11:00am (SU) CH** UNCW Professor of Nursing Tammy Arms , Ph.D., DNP discusses how to maintain good cognitive & mental health essential for healthy aging!

**Ladies Group: Mimosa Monday Monday April 14th 9:30am (SU) EDR** This month we invite all the ladies of Brightmore to enjoy a great start the week with a mimosa, some pastries and some light— hearted games of Uno!

**Day Trip: Georgetown South Carolina Tuesday, April 15th 7:45am (SU) EN** "You will cruise the Pee Dee River for 3 hours as your narrator shares a magic mixture of antebellum history, low country legends, and personal experiences while traversing the river. You will view plantation mansions, abandoned rice fields and majestic oaks as they appeared 300 years ago--still draped in Spanish Moss". Still time to sign up—see Renee- \$65 pp non refundable trip fee due at the time of sign up.

**Triplet Tours: Driving Tour of Wilmington Thursday, April 17th 1:30pm** Hop on the Brightmore bus with local Wilmington tour guide Robin Triplet, for a two hour driving tour of downtown Wilmington and the surrounding area. Hear stories and see the sights that you can only get from a local professional guide!

**Earth Day: Small Changes for a Big Impact Tuesday, April 22nd 11:00am (SU)CH** David Ingram, Sustainability Project Manager from the City of Wilmington, Public Services Department will present today on *simple ways you can live your life to better impact the environment*. "Every day is Earth Day"!!

**Airlie Garden Tram Tour (s) Thursday, April 24th 12:30pm** Come experience Airlie on one of their open air trams, highlighting seasonal blooms and areas of historical significance. (***There is only space for seven residents, Please only sign up for one date***)

**Airlie Garden Tram Tour (s) Friday, April 25th 9:30am** Come experience Airlie on one of their open air trams, highlighting seasonal blooms and areas of historical significance. (***There is only space for seven residents, Please only sign up for one date***)

**Fast Food Friday(s) 12:30pm (SU) EN** Enjoy a quick trip out with Chad for some lunch! **April 4th:** Copper Penny **April 25th** Applebee's

**NewComers & Birthday Party Friday April 25th 2:30pm. (DR)** Come together today to welcome of Brightmore's newest residence, as well as **Jessica Wicken** for her first time performing at Brightmore as a solo act!

**Coffee Cupping with Luna Coffee Monday, April 28th 11:00am (SU) EDR** We all love a cup of coffee but what do we know about it? How do you pick the right blend or roast? Today welcome Will the owner of Luna Coffee, an independent coffee shop & coffee roaster in downtown Wilmington to lead us through a coffee cupping—a method used in the coffee industry to evaluate the aroma and taste of brewed coffee!

**Volunteer Recognition Party Wednesday, April 30th 2:00pm (SU) FC**

Residents who have given back to our community will receive an invitation to this celebration to say thank you for what you have done for our wonderful little piece of the world! There will be light hors d'oeuvres & drinks. Entertainment by Lynda Johnston, a local professional storyteller!



Abbreviations

CH Chapel  
CR Card /Activity Room  
EN Entrance/Main Lobby  
FC Fitness Center  
SR- 1 Sunroom 1st FL  
SR-2 Sunroom 2nd Fl  
SR-3 Sunroom 3rd Fl  
TV-2 Media Room 1st Fl  
DR Dining Room  
LIBR Library  
MR Media Room  
BLR Billiards Room 2nd Fl  
PR Parlor  
CY Courtyard  
AO Activity Office/2nd Floor  
EDR Extended Dining Rm.  
CH 1395 Community Channel  
SU Sign Up  
rsvd Reserved  
Ind Act. Independent Activity

Resident Birthdays!

Joan Kenny  
April 1st  
Syvaughn Clemmons  
April 3rd  
Dana Young  
April 13th  
Joyce Wardrip  
April 20th  
George Casola  
April 21st  
Arlene Stachowski  
April 22nd  
Roy Hilt  
April 24th

Staff  
Yemisi Coker 4/10  
Frank Napoleon 4/18  
April Royal 4/18



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) EN 6:00 Movie (MR)	  9:00 Medical Appt./ Walmart 1:00 Medical Appt./Personal 2:00 Scrabble Game Ext DR 3:00 Great Courses MR	9:00 Medical Appt./ Persnl 1:00 Medical Appt./Persnl 2:00 Hand & Foot Canasta CR 3:00 Documentary (MR) 2:00 7:15 Chapel Service CH	9:00 Medical Appt./ Personal 9:00 Poker (CR) 10:00 Catholic Communion 10:45 Gospel Road (CH) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 3:00 Great Courses (MR) 3:00 Great Courses (MR)	9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 2:00 Hand & Foot Canasta 3:00 Documentary (MR) 3:00 \$1 Bingo (EDR) 7:00 Thalian (SU)EN 7:30 “The Crown” (MR)	9:00 Medical Appt./ Personal 11:00 Assisted Device Talk (SU)CH 12:30 Fast Food Friday (SU) 3:00 Rosary (CH) 4:00 Happy Hour (PR) 7:30 Movie (MR)	10:45 Rhythm, Strength & Dance (FC)  2:00 Hand & Foot Canasta CR 7:30 Movie (MR)
10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) EN 6:00 Movie (MR)	9:00 Medical Appt./ Walmart 1:00 Medical Appt./Personal 2:00 Scrabble Game Ext DR 3:00 Great Courses MR	9:00 Medical Appt. (Personal) 11:00 Brain Games (SU)EDR 1:00 Medical Appt./Personal 2:00 Hand & Foot Canasta 3:00 Documentary (MR) 7:15 Chapel Service CH	9:00 Medical Appt Pers. 9:00 Poker (CR) 10:00 Catholic Communion 10:45 Gospel Road (CH) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 1:30 Food Committee (CH) 3:00 Great Courses (MR) 3:00 Prize Bingo (EDR)	9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 2:00 Hand & Foot Canasta 3:00 Documentary (MR) 7:00 Burgwin—Wright Trip (SU)EN 7:30 “The Crown” (MR)	9:00 Medical Appt./ Personal 11:00 Maintaining Mental & Cognitive Health (SU)CH 2:00 Movie Matinee (MR) 3:00 Rosary (CH) 4:00 Happy Hour (PR) 7:30 Movie (MR)	10:45 Rhythm, Strength & Dance 2:00 Hand & Foot Canasta CR 7:30 Movie (MR)
Palm Sunday 10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) 6:00 Movie (MR)	9:00 Medical Appt. Walmart 9:30 Ladies Club: Mimosa Monday (SU)EDR 1:00 Medical Appt. Personal 2:00 Scrabble (EDR) 3:00 Great Courses MR	7:45 Georgetown Trip (SU)EN 9:00 Medical Appt./Persnl 1:00 Medical Appt./Persnl 2:00 Hand & Foot Canasta CR 3:00 Documentary (MR) 7:15 Chapel Service CH	9:00 Medical Appt./Personal 9:00 Poker (CR) 10:00 Catholic Communion CH 10:00 Egg Hunt 10:45 Gospel Road (CH) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 3:00 Great Courses (MR)	9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 1:30 Driving Tour of WLM(SU) EN 2:00 Hand & Foot Canasta CR 3:00 Documentary (MR) 3:00 Book Club (CH) 7:30 “The Crown” (MR)	Good Friday 9:00 Medical Appt./Personal 10:30 Devotional w/ Angela (SU)CH 3:00 Rosary (CH) 4:00 Happy Hour PR 7:30 Movie (MR)	10:45 Rhythm, Strength & Dance 2:00 Hand & Foot Canasta CR 7:30 Movie (MR)
Easter Sunday 10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) EN 6:00 Movie (MR)	9:00 Medical Appt./ WLM 1:00 Medical Appt. /Persnl 2:00 Scrabble (EDR) 3:00 Great Courses MR	9:00 Medical Appt./ Persnl 11:00 Earth Day Talk (SU)CH 1:00 Medical Appt./Persnl 2:00 Hand & Foot Canasta CR 2:00 Craft (SU) EDR 3:00 Documentary (MR) 7:15 Chapel Service CH	9:00 Medical Appt./ Personal 9:00 Poker (CR) 10:00 Catholic Communion CH 10:45 Gospel Road (CH) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 3:00 Great Courses (MR) 3:00 Prize Bingo (EDR)	9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 12:00 CORE (PR) 12:30 Airlie Tour (SU)EN 2:00 H& F Canasta (CR) 3:00 \$1 Bingo (EDR) 3:00 Documentary (MR) 7:30 “The Crown” (MR)	9:00 Medical Appt./ Personal 9:30 Airlie Tour (SU)EN 10:30 Angela’s Dev. (SU)CH 12:30 Fast Food Friday (SU) 2:30 Newcomers Party (DR) 4:00 Happy Hour PR 7:30 Movie (MR)	10:45 Rhythm, Strength & Dance (FC) 2:00 Hand & Foot Canasta CR 7:30 Movie (MR)
10:20 Grace United Methodist Bus Pick up (SU) 10:45 Pine Valley Methodist Bus Pick Up (SU) 6:00 Movie (MR)	9:00 Medical Appt./ WLM 11:00 Coffee Cupping (SU) EDR 1:00 Medical Appt/Personal 2:00 Scrabble (EDR) 3:00 Great Courses MR	9:00 Med Appts./ Personal 11:00 Meet your neighbor (SU) CH 1:00 Medical Appt./Personal 2:00 Hand & Foot Canasta CR 3:00 Documentary (MR) 7:15 Chapel Service CH	9:00 Medical Appt./ Personal 9:00 Poker (CR) 10:00 Catholic Com CH 10:45 Gospel Road (CH) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 2:00 Volunteer Recognition Party (FC)-by invite 3:00 Great Courses (MR)			
Your calendar is created to provide you with a variety of activities based around the four components of our Brightmore lifestyle:  *Intellectual * Physical * Social * Spiritual	Every Tuesday & Thursday's  Breakfast Biscuits at 9:00am (PR)	YOURSTAFF Lisa Sherrill Executive Director Angela Fox Business Office Manager May Heath Sales and Marketing Director Deana Martin Housekeeping Supervisor April Royal Sales and Marketing Associate Renee Mastrangelo: Life Enrichment Coordinator Paul Bazzini: Campus Chef Chris Garner: Director of Dining Services	Megan Davis Wellness Coordinator Frank Napoleon Maintenance Director John Metzger Maintenance Worker James Head Maintenance Worker Fred Detterman Transportation Chad Small Transportation Jeanne Cole, Catherine Anthony, Emily Blanton, Yemisi Coker Concierge Christine Campbell: Assistant Director of Dining Services	For <u>all</u> transportation you MUST sign up in the transportation book located on the first floor.  Sign up’s end at 5pm the night before. Address and appointment time are required with each trip.  <u>All trips meet in the main entrance.</u>		